

## WYOMING GEAR LIST

Appropriate clothing and gear is essential for students to be able to have fun and succeed on a wilderness course. Wool and synthetic clothes are important because they keep students warm even if they become wet. Cotton clothes are good for comfort and sun protection but do not keep students warm if they become wet. For more information on this subject contact SOAR or ask at an Outdoor Store. Students who want to fish may also bring their own spinning rods. Some items are described in more detail on the attached gear guide.

**\*\* PLEASE BE SURE TO NOTE ANY COURSE SPECIFIC EQUIPMENT BELOW \*\***

### PACK NECESSITIES

- Sleeping Bag \* with Stuff Sack (Dacron II or equivalent)
- Sleeping Pad (ensolite or therma rest type)
- Sleeping Bag Liner or Extra Blanket (optional)
- Sunscreen
- Camera (optional)
- Insect Repellent (non-aerosol)
- Paper and Pencil
- Rain suit (Parka and Pants) \*\*
- Sunglasses
- 2 Nalgene Water Bottles (quart size)
- Flashlight
- Extra Batteries
- Clothesline
- Whistle
- 1 Box Gallon size Ziploc Bags
- Laundry Bag
- Day Pack (book bag)
- Large Duffel Bag or Backpack
- Inexpensive Spinning Rod (optional)
- Pillow/Pillowcase

### EATING GEAR

- Plastic Bowl and/or Plate
- Eating Utensils
- Plastic Cup

### CLOTHING

- Socks, cotton (5 pair)
- Socks, synthetic (2 pair)
- Pants or Jeans (2 pair)
- Quick-Dry Pants (1 pair)
- Shorts (4 pair)
- Shirt, long sleeve (2)
- T-shirts (4)
- Underwear (8 pair)
- Hat (fleece or wool)
- Light Jacket (fleece or wool)
- Heavy Jacket
- Wool Mittens or Gloves
- Long Underwear (Polypro or equiv.)
- Riding Boots (No steel-toed boots) (Hiking boots are fine)
- Tennis Shoes (1 pair)
- Water Shoes
- Swimsuit
- Bandanna
- Sleepwear (2 sets)

### PERSONAL NEEDS

- Prescription medications
- Bath Towel (1)
- Wash Cloth (1)
- Personal Hygiene Items
- Toothbrush and Toothpaste
- Shampoo / Conditioner
- Deodorant
- Soap and Soap Box
- Stamps/paper/envelopes

### WY ACADEMIC DISCOVERY ONLY:

- Foot Locker
- 3-Ring Notebook
- Notebook Paper
- Plastic Zipper Bag for pencils and pens (attaches to notebook)
- Backpack with good hip belt (SOAR has a limited number to loan if this is a financial burden. Please be sure to reserve one!)
- Ruler
- Alarm Clock
- Backpack Cover (optional)

### NOTES

1. Please label all clothing and personal effects.
2. Do not bring jewelry, valuable watches or CD players, Gameboys, etc. Do not bring a knife (other than a table knife).
3. Boots must be broken in at home.

\* Rated for 10 degrees or lower (no cotton or down)

\*\* Quality rain gear is essential, please consult your local outdoor retailer with any questions.