

LLAMA TREK SCHEDULE
Note: This schedule is subject to change.

DAY 1, Saturday:

- 2:00pm - Students Arrive!!!
Registration, Inbriefs, Medications and Money.
Group games.
- 5:00pm - Course Overview with Expectations, Goals, & Full Value Contract
- 5:30pm - Dinner Prep
- 6:00pm - Dinner
- 7:30pm - Review Equipment List & Pack for camping
- 8:30pm - Bedtime Prep
Meeting in Llama Trek Cabin
Review Itinerary for the next day
Readings
- 9:00pm - Lights Out

DAY 2, Sunday:

- 7:30am - Wake-up
- 8:00am - Breakfast at Base
- 8:30am - Clean-up
Pack & Load Trailer
- 9:00am - Split into two groups
Group 1: Trust Sequence & Low Ropes
Group 2: Pack bags, load van, do menu plan
- 10:30pm - Groups switch
- 12:00pm - Lunch
- 1:00pm - Depart for campsite
- 3:30pm - Arrive at campsite & set up
- 5:30pm - Dinner Prep
- 6:00pm - Dinner & Clean-up
- 7:00pm - Games/Free time: stream exploration, games, etc.
Campfire & Evening Meeting
Review itinerary for next day
- 8:30pm - Bedtime Prep
Readings
- 9:00pm - Lights out

DAY 3, Monday:

- 7:00am - Wake-up & Pack Daypacks
- 7:30am - Breakfast & Clean-up
- 8:30am - Group 1: Depart for rock climbing
Group 2: Finish packing
- 9:30am - Group 2: Depart for rock climbing
- 12:00pm - Lunch at activity area
- 1:30pm - Stream Investigation workshop at Pisgah Wildlife Education Center
- 4:00pm - End Stream Investigation Workshop
- 5:00pm - Return to Campsite
- 5:30pm - Dinner Prep

LLAMA TREK SCHEDULE CONTINUED

DAY 3 CONTINUED:

6:00pm - Dinner & Clean Up
 7:00pm - Scavenger Hunt
 8:00pm - Campfire, Evening Meeting, and Readings
 8:45pm - Bedtime Prep
 9:00pm - Lights out

DAY 4, Tuesday:

7:00am - Wake-up & Group 1 break camp
 8:00am - Breakfast & clean up

	GROUP 1	GROUP 2
8:30am		Depart for rock climbing
9:30am	Depart for rock climbing	
12:00pm	Lunch @ Cradle of Forestry	Lunch @ Cradle of Forestry
1:00pm	Cradle of Forestry	Cradle of Forestry
3:00pm	Showers / Menu Plan	
6:00pm	Dinner	Dinner
7:00pm	Food Buy / Pack for Llama Trek	Games and Campfire Collection Night time activity
8:30pm	Bedtime Prep	Evening Meeting / Readings / Bedtime Prep
9:00pm	Lights Out	Lights Out

DAY 5, Wednesday:

	GROUP 1	GROUP 2
7:00am	Wake Up	Wake up
8:00am	Breakfast	Breakfast
8:30am	Leave for Llama Trek / Food buy en route	Break camp / Depart for laundry in Waynesville
11:00am	Meet Llamas at Trailhead	
12:00pm	Lunch at Trailhead	Lunch
1:00pm	Begin Llama Trek	Finish Laundry / Menu Plan
3:00pm		Return to Base w/bathroom break at rest stop Showers
5:30pm		Dinner Prep
6:00pm		Dinner at Base
7:00pm		Climbing Wall
8:30pm		Bedtime Prep / Readings
9:00pm		Lights out

LLAMA TREK SCHEDULE CONTINUED

DAY 6, Thursday:

	GROUP 1	GROUP 2
7:30am	Llama Trek	Wake Up and Prep for Day Activity
8:00am		Breakfast at base
8:30am		Clean up
9:00am		Low Ropes or Arts & Crafts Activity
12:00pm		Lunch
12:30pm		Depart for day activity
5:00pm		Food Shop for Llama Trek
5:45pm		Return to Base (Stop at Rest Area for Bathrooms)
6:00pm		Dinner
7:00pm		Pack for Llama Trek & Rafting
8:30pm		Bedtime Prep
9:00pm		Lights Out

DAY 7, Friday:

	GROUP 1	GROUP 2
7:30am	Llama Trek	Wake Up
8:00am		Breakfast at Base
9:00am		Leave for Llama Trek
11:00am	Meet Group 2 at trailhead	Meet Group 1 at trailhead
12:00pm	Lunch at trailhead	Lunch at trailhead
1:30pm	Arrive Base - showers and collect laundry	Group 2 begin Llama Trek
3:00pm	Leave for Waynesville to do laundry	
5:45pm	Return to Base / Dinner Prep	
6:00pm	Dinner at Base	
7:00pm	Nighttime Activity / Menu Plan	
8:30pm	Bedtime Prep / Readings	
9:00pm	Lights Out	

DAY 8, Saturday:

	GROUP 1	GROUP 2
7:30am	Wake Up	Llama Trek
8:00am	Breakfast at Base	
9:00am	Low Ropes or Arts and Crafts Activity	
12:00am	Depart for picnic lunch	
5:00pm	Return to Base w/ Bathroom Break at rest stop	
6:00pm	Dinner at Base	
7:00pm	Climbing Wall	
8:30pm	Bedtime Prep / Readings	
9:00pm	Lights Out	

LLAMA TREK SCHEDULE CONTINUED

DAY 9, Sunday:

	GROUP 1	GROUP 2
7:30am	Wake Up	Llama Trek
8:00am	Breakfast at Base	
9:00am	Pack Van / Activities at Base	
11:00am	Depart Base	Arrive at Trailhead / Depart for campsite
12:00pm	Lunch at Rec. Park	Lunch at Rec. Park

1:30pm - Leave for campground
 3:00pm - Arrive at campground and set up camp
 5:30pm - Dinner Prep
 6:00pm - Dinner & Clean Up
 7:00pm - Campfire, Evening Meeting, and Readings and Bedtime Prep
 9:00pm - Lights Out

DAY 10, Monday:

7:00am - Wake Up & Pack Day Packs
 8:00am - Breakfast
 8:30am - Clean Up
 9:00am - Leave for River Outfitter
 10:00am - Arrive at outfitters and get rafting gear / Safety Briefing / Begin Rafting
 11:30pm - Lunch at picnic area
 3:30pm - End Rafting Trip & Debrief Rafting Activity
 4:30pm - Depart River Outfitters for campground
 5:00pm - Arrive campground and Dinner Prep
 6:00pm - Dinner & Clean Up
 7:00pm - Campfire & Hot Seats!
 8:30pm - Bedtime Prep
 9:00pm - Lights Out

DAY 11, Tuesday:

7:30am - Wake Up
 8:00am - Breakfast
 8:30am - Clean Up and Break Camp
 10:00am - Depart for Waynesville
 12:00pm - Lunch at Rec. Park
 2:00pm - Slide Show
 4:30pm - Dinner Out
 5:30pm - Return to Base w/ Bathroom Break at rest stop
 Unload trailer
 6:00pm - End of Course Celebration!
 8:30pm - Bedtime Prep
 9:00pm - Lights Out

LLAMA TREK SCHEDULE CONTINUED

DAY 12, Wednesday:

7:00am - Wake Up & pack bags
8:00am - Breakfast
8:30am - Clean Up
9:00am - Parents begin to arrive
12:00pm - Lunch for those still present