

Post Graduate Adventure Schedule

Note: This schedule is subject to change.

Day 1

Students Arrive
Inbrief
FVC/Expectations/Roles
Transition Plans
Explain Expedition and how to plan
Overnight @ Base

Day 2

Low/High Ropes
Meal Plan
Food Buy
Discuss ideas for Outer Banks
Pack for Pisgah
Overnight @ Base

Day 3

Community Service
Depart for Pisgah
Discuss ideas for Outer Banks
Camp in Pisgah

Day 4

Climb am
Sliding Rock pm
Camp in Pisgah

Day 5

Activity Choice/Showers/Laundry
Return to Balsam Base
Un-Pack and re-pack for Expedition
Menu Planning for Expedition
Pack up van for early am departure
Overnight @ Base

Day 6

Depart for Outer Banks Expedition
Food Buy
Nice Dinner Out
Beach House

Day 7 – Day 12

Outer Banks Expedition

Day 13

Return to Balsam Base
Un-pack
Food Buy for Whitewater Phase
Overnight @ Base

Day 14

Raft Nantahala
Transition Plan Paperwork
Camp Gee Creek

Day 15

Raft Ocoee
Transition Plan Paperwork
Overnight @ Base

Day 16

Navitat Canopy Tour
Explore downtown Asheville
Overnight @ Base

Day 17

Activity Choice/Showers
Turn in paperwork
Pack for home
Clean Cabin
Overnight @ Base

Day 18

Depart for Home